

## Uniforms, Game Day, Tips, and Ideas

## **UNIFORMS**:

Invariably, there are kids who want a certain number jersey... this can cause problems. AYSO has relieved this issue by ordering uniforms that gradually increase in size - starting with the smallest jersey at number 2 and increasing in size and number. The best method to distribute the uniforms is to line up the kids by height and hand out the uniforms according to size. This method helps makes it easier for picture day as the kids can line up in number/ height order.

Girls often like to have team color hair bows. Generally someone volunteers to make them for the team. Simply tie ribbons to a ponytail holder for each player. This is most popular with younger divisions.

## **GAME DAYS:**

U6 players go in the wrong direction and score a goal for the other team. At the beginning of the season get one of those little helium tanks & team color balloons and put a couple on the goal post that is their goal at each game. (Of course you have to switch the location at half time...unless the coaches have decided to go the same goals all game.)

At the end of the game, Parents create tunnels for the kids to run through...usually by U10 you line up for a high five instead. Encourage all parents and spectators to participate in the "tunnel and fives".

On hot days bring a spray bottle filled with chilled water to spray kids during breaks. They love it!

Most field locations are very limited on shade. Bring an easy-up for the kids and/or parents.